

Newark Sports and Fitness Centre,
Dukeries and Southwell Leisure Centre

HALF-TERM TIMETABLE

Monday 30th May – Wednesday 1st June 2022



**Pre-book and pay for your activity online through
www.active4today.co.uk/leisurehub**

Book 7 days in advance (5 days for non-members)

Telephone 01636 655780

Email enquiries@active4today.co.uk

www.active4today.co.uk/leisurehub

Newark Sports and Fitness Centre

Swimming and Sports

Sessions in addition to the main swimming timetable. See website for full timetable
www.active4today.co.uk/timetables

Main Pool

Monday 30th May

9:30am - 11:00am Public Swimming

Wednesday 1st June

1:15pm - 2:00pm Inflatable Swim

2:00pm - 2:45pm Inflatable Swim

Teaching Pool

Monday 30th May

10:30am - 11:30am Public Swimming

Distance Swim

Tuesday 31st May

9:30am - 11:00am

Timed swims and the chance for the advanced swimmers from our swim school to attain their distance badges.

Public swim prices:

Juniors £4 (without Active Card £5)

Adults £5.50 (without Active Card £7)

Concession £4.50 (without Active Card £5.50)

Public swimming is included in most memberships. Check website for details.

Active Cards are free and available at reception.

Sports Camp (8-13yrs)

Wednesday 1st June

9:30am - 1:00pm

£5 per session

Structured indoor sports giving children a great opportunity to try a variety of activities including access to the fitness suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time.

Junior Fitness (8-13yrs)

Monday to Wednesday

6:00am - 5:30pm

£4 per session

The fitness suite is open daily for juniors to enjoy a workout!

The fitness suite is open to juniors outside of these times but they must be supervised by a responsible adult.

Juniors must attend an induction with an adult/carer prior to using the fitness suite. Please book this at reception.

Dukeries Leisure Centre

Swimming and Sports

Sessions in addition to the main swimming timetable. See website for full timetable
www.active4today.co.uk/timetables

Swimming

Monday 30th May

11:00am - 11:45am Public Swimming

Wednesday 1st June

10:45am - 11:45am Public Swimming

Sports Camp (8-13yrs)

Tuesday 31st May

9:30am - 1:00pm

£5 per session

Structured indoor sports giving children a great opportunity to try a variety of activities including access to the fitness suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time.

Junior Fitness (8-13yrs)

Monday to Wednesday

6:30am - 5:30pm

£4 per session

The fitness suite is open daily for juniors to enjoy a workout!

The fitness suite is open to juniors outside of these times but they must be supervised by a responsible adult. An induction is required before using the fitness suite, please speak to reception for details.

Bounce Around (5-12yrs)

Wednesday 1st June

1:00pm - 1.45pm

2:00pm - 2.45pm

£3 per session

Have lots of fun on our bouncy castles and trampoline. Children under 8 years need to be supervised by an adult.



Southwell Leisure Centre

Swimming and Sports

Session in addition to the main swimming timetable. See website for full timetable
www.active4today.co.uk/timetables

Main Pool

Wednesday 1st June

1:00pm - 2:00pm Family Swimming

Family Afternoon

Monday 30th May, 12noon - 2:00pm

Tuesday 31st May, 1:00pm - 3:00pm

£5 per session

Come along for an afternoon of fun for all the family. Choose from badminton, short tennis, squash or table tennis. Maximum 4 people per booking.

Soft Play (6yrs and under)

Monday 30th May - Wednesday 1st June

9:00am; 10:30am; 12noon; 1:30pm; 3:00pm; 4:30pm; 6:00pm

£2.50 per session

Children must be accompanied by an adult. Food or drink must not be taken into the soft play area. One hour sessions can be booked online through Leisurehub.



Xperience **ONE**
Xperience **TWO**
Xperience **Student**

Xperience memberships
from £23 per month

Our Xperience courses include:

- Active Swimming Lessons
- Active Ballet
- Active Street Dance
- Active Gymnastics
- Active Trampoline
- Active Football



Quality coaching at an affordable price!

For further information visit our website

www.active4today.co.uk/memberships/juniormemberships

Bookings

Pre-book and pay for your activity online through www.active4today.co.uk/leisurehub

Activities bookable 7 days in advance (5 days for non-members).



Terms and Conditions

A parent/guardian may be required to complete an information form regarding contact details and code of conduct.

Photographs may be taken during activities to be used on our social media, please speak to you a member of staff if you do not wish your child to have their photo taken.

Juniors must attend an induction with an adult/carer prior to using the fitness suite. Please book this at reception.

All activities must be paid for at the time of booking.

Bookings can be made online via Leisurehub or at reception.

Active4Today Ltd reserves the right to alter/withdraw activities at any time.

WE ARE CLOSED BANK HOLIDAYS

www.active4today.co.uk/leisurehub
enquiries@active4today.co.uk

